

CITRUS GASTROENTEROLOGY, P.A.

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COLYTE PREP FOR COLONOSCOPY

Your exam is on _____ at _____.

Please arrive at _____.

IMPORTANT. Please let us know if you are taking Coumadin. The dose may need to be adjusted. If you take Insulin, take just half your usual dose the day before the exam. **Do not** take any Insulin the morning of the test unless instructed by your physician. You may take your cardiac medicines at 6:00 A.M. the morning of the test with a sip of water.

DAY BEFORE THE EXAMINATION:

- **Fill the prescription at the pharmacy prior to the examination.**
- You may have a light breakfast.
- **CLEAR liquid diet all day.** Includes juices, broth, coffee, tea, soda and jello (**not red**). No milk. Do not drink red or purple colored food products.
- **Before 6:00 P.M.** Take two (2) Dulcolax laxative tablets.
- **At 6:00 P.M.** Start Colyte laxative. Drink one (1) 8 oz. Glass every ten minutes until the entire bottle is empty. You should completely finish the laxative by 8:00 P.M. You may drink water only after completing the laxative preparation, until 12:00 midnight.
- **Stay close to the bathroom.**
- **Nothing to eat or drink after midnight.**

DAY OF THE TEST:

- Do not eat, drink or take any medicines (unless instructed by your physician) after midnight on the day of the test.
- You must arrange for a driver.
- If for any reason **you will not be able to keep your appointment, please call our office as soon as possible at 352-344-8080. If you have any questions, please do not hesitate to call the office.**
Thank you.